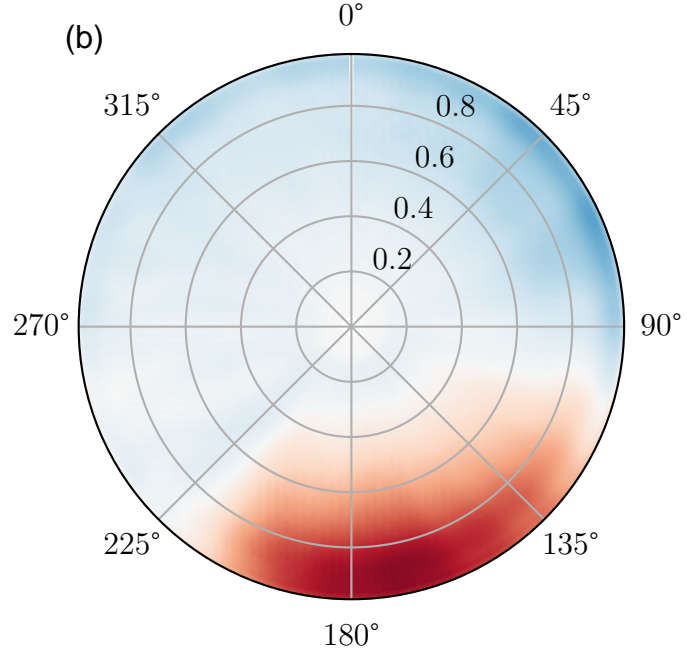


$$\frac{(F_x^{\text{flex}} - F_x^{\text{r.def}})}{\langle F_x^{\text{flex}} \rangle}$$



$$\frac{(F_z^{\text{flex}} - F_z^{\text{r.def}})}{\langle F_z^{\text{flex}} \rangle}$$